



**Founded in 2002, Turning Winds is a 42-bed co-ed residential treatment center that is located on a 150-acre campus in northwestern Montana. Surrounded by the Kootenai National Forest, our program helps teens age 13 to 18 work through a wide-range of behavioral, educational, and mental health challenges.**

During a typical 6 to 12 month stay, our relationship-focused model fosters individual and relational growth centered on 5 key pillars:

- CHARACTER AND LEADERSHIP DEVELOPMENT**
- HEALTH AND WELLNESS**
- EXPERIENTIAL EDUCATION**
- EVIDENCE-BASED CLINICAL CARE**
- ACADEMIC ENGAGEMENT**

Each student is immersed in a peer-supportive culture providing leadership opportunities constructed to promote self-reliance and contribute to positive change for those around them. It is through clinical, educational, and activity days that we create an environment of success. Parent workshops are also available to support the entire family unit and help maintain a continuously healing environment as they transition home.

### DIAGNOSTIC AND CLINICAL SPECIALTIES

#### Patient Populations

- Residential treatment program
- Attachment disorders
- Anxiety, PTSD, and OCD
- Depression and mood disorders
- ADHD, NLD/NVLD, ASD and other learning disorders
- Adjustment disorders
- Substance use, gaming, and internet addiction
- Conduct/behavioral disorders
- Emerging personality disorders
- Medically complex (case-by-case basis)

#### Therapy Models

- Trauma-informed care
- Dialectical behavior therapy (DBT)
- Cognitive behavior therapy (CBT)
- Eye movement desensitization and reprocessing (EMDR)
- Motivational interviewing
- Equine, recreational, and wilderness-based
- Animal-assisted therapy

### ON STAFF CLINICAL HIGHLIGHTS

- Child and adolescent psychiatrist
- Psychiatric nurse practitioner
- Addictions counselor
- 24-hour nursing support
- 6-8 students typical therapist caseload

### PROGRAM HIGHLIGHTS

- Customized treatment program
- Accepts most insurance
- Support dietary restrictions

### ACADEMIC HIGHLIGHTS

- Grades 7-12 (GED and college courses as appropriate)
- College prep curriculum
- Individualized education plans
- Hybrid scholastic model (teacher-led core subjects and Chromebook with teacher/tutor supported electives)
- Certified special education teacher
- Small classroom sizes
- Credit recovery
- Academic study skills and executive function support
- ACT and SAT test prep

### OUTDOOR RECREATION

- 150 acre campus with basketball court, soccer field, baseball field, volleyball court, pavilion, and grand outdoor fire pit
- Backpacking and camping trips
- Hiking
- Kayaking
- Mountain biking
- Equine therapy and horseback riding
- Whitewater Rafting
- Weekly Winter Ski Trips to Schweitzer Mountain
- Skiing and Snowboarding
- And more



Turning Winds works with private health insurance on an out-of-network basis. Our length of stay requires some private funding.

**www.turningwinds.com | 800.845-1380**  
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